



**Big Sister Association**  
of Greater Boston



## September 2018

*Hi Big Sister,*

*We have several fun activities taking place in September below! Make sure to check each event website directly for the most up-to-date times and locations. If you have questions or need additional activity ideas, please connect with your Match Support Specialist and they will be able to assist you. Follow our [Facebook](#) page for news, other activity ideas and ticket opportunities.*

*Have a great month with your Little Sister!*

*All the best,  
Taylor and the Big Sister Boston Match Support team*

**Note: All activities on this calendar are free unless otherwise listed.**



### **Quincy Market History Tour**

**Saturday, September 8 from 11:00 AM - 12:00 PM**

**Faneuil Hall Marketplace**

**All ages**

A free one hour historical tour of the architecture, politics, and geography of Quincy's Market. Come hear this Boston story! Meet your guide at the property directory near Anthem Restaurant. Click [here](#) for more information.

### **3rd Annual Boston Social Fitness Festival**

**Saturday, September 15 from 7:00 AM - 3:00 PM**

**City Hall Plaza**

**All Ages**



This day-long celebration, now in its 3rd year, encourages Bostonians of all ages to move, cycle, play, and dance together. Boston Social Fitness Festival is a free, day-long celebration of getting Boston moving, featuring fun activities for all ages and fitness levels! Click [here](#) for more information.



## Fall Harvest Celebration

**Saturday, September 15 from 10:00 AM - 4:00 PM**  
**Drumlin Farm - Lincoln**  
**All Ages**

Back by popular demand, it's harvest time! Enjoy all the hard work Drumlin Farm's crops team has done through the spring and summer and celebrate New England's notable fall season. This all day event is free to Mass Audubon members and admission costs only \$9 for adults and \$6 for children (age 2-12), so spend the day outdoors, watch cooking demonstrations, enjoy tastings, make herb butter, flower arrangements, and crafts, take place in a scavenger hunt, explore the garden, and meet some animals from Drumlin Farm up-close! Click [here](#) for more information.



## Boston Local Food Festival

**Sunday, September 17 from 11:00 AM - 5:00 PM**  
**Rose Kennedy Greenway**  
**All Ages**

Enjoy Boston Local Food Festival on Sunday, September 17! The mission of the festival is to: generate increased demand for local and sustainably produced food through education and promotion, support the growth and development of local farms and locally owned food-related businesses, increase the availability and access of healthy local food to urban communities, and facilitate collaborations between local food farms, businesses, and public and non-profit organizations. Click [here](#) to learn more about all of the different food stations and activities taking place!



## Big Sister Boston Opportunity Rodman Ride for Kids

**Saturday, September 22**  
**Foxboro**  
**Ages 12 and older**

Join Team Big Sister in the 27th Annual Rodman Ride for Kids! This 25, 50, or 100-mile non-competitive cycling tour is a fun opportunity for you to get outdoors and meet other members of the Big Sister community while helping to raise money to support our mentoring programs for girls! Not into cycling? You can also ride virtually, allowing you to participate in all of the fun leading up to ride day. Big Sister Boston provides a lot of tools to help along the way including an online profile, invitations to rider events, and regular support and ideas from Big Sister Boston's Development Team. You also get cool swag by cycling at the event such as an official cycling jersey and rider care package. All funds raised by our team go directly to support Big Sister Boston and our mentoring programs for girls. Rodman Ride also matches funds raised by up to 3%, extending everyone's donation a bit further! As a member of our community you know first-hand the extraordinary impact a mentoring relationship can have. Click [here](#) to join Team Big Sister!



## Fluff Festival

**Saturday, September 22 from 3:00 PM - 7:00 PM**

**Somerville**

**All Ages**

Join in celebration of the 101st anniversary of Fluff, invented right here in Somerville's Union Square in 1917 by Archibald Query. This madcap, fun-filled festival draws approximately 20,000 people and is cited as one of the reasons why Lonely Planet named Somerville in the top 10 "Best In The US" travel destinations for 2016. The 13th annual What the Fluff Festival will feature musical performances, a cooking contest, Fluff-themed games, activities, antics and fun for every age, and Fluff treats of every sort. Click [here](#) for more information.



## Big Sister Boston Opportunity Girls in STEM Match Activity

**Saturday, September 22 from 12:00 PM - 2:00 PM**

**Needham**

**Ages 10 and older**

Curious to learn more about Augmented Reality apps like Pokemon Go or Snapchat? Join Big Sister Boston and PTC for a match activity to learn how to build your own Augmented Reality experience with PTC experts. Come have a laugh and play Virtual Reality Pictionary. Don't miss out on this afternoon of fun to learn more about women leaders in STEM at one of the leading Augmented Reality and Internet of Things companies in Boston! Sisters will be able to build their own Augmented Reality experience on a t-shirt and take it home with them to show their family and friends! Pizza will be provided! Click [here](#) to register no later than Wednesday, September 12.



## Watercolor Painting Workshops

**Various Saturdays and Sundays in September**

**Various locations around Boston**

**All Ages**

The Watercolor Painting Workshops enable artists of all skill levels to create their own green-space inspired masterpieces. Tips and techniques are provided by an instructor. Presented by the Boston Parks & Recreation Department and sponsored by Holly & David

Bruce. Click [here](#) to learn more and scroll to page 7.



## SoWa Open Market

**Every Sunday through October from 10:00 AM - 4:00 PM**

**South End**

**All Ages**

Now in its 15th season, the award-winning SoWa Open Market is Boston's largest celebration of local artisans, farmers, food trucks, and musicians. Located in the SoWa Art + Design District, amidst a vibrant landscape of art studios, galleries, boutiques, and the SoWa Vintage Market. Meet the makers, explore the neighborhood, and shop local. As always, the SoWa Open Market is family friendly, pet friendly, and free. Every Sunday, through October, 10am-4pm. Click [here](#) for more information.

## Did you Know?

Your company might make a donation to Big Sister for the time you and your Little Sister spend together. Volunteer grant programs double the impact you are making! If you are interested in learning more or seeing if your company has a volunteer grant program email Emily at [etrautwein@bigsister.org](mailto:etrautwein@bigsister.org).



## For Big Sisters Only

**Big Sisters are invited to take advantage of free self defense lessons the last Saturday of every month from 1:00 PM - 2:00 PM at Oom Yung Doe North Cambridge. See below flyer for more information!**

# School of OOM YUNG DOE®

The GRANDMASTER "TRON" KIM Style™

8 Complete Martial Arts Taught as One™



Every last Saturday of the month, from 1pm to 2pm at Oom Yung Doe N. Cambridge FREE and open to the public

Couples welcome!  
Bring a partner if you like!  
Find this event on Facebook!

## FREE WOMEN'S SELF-DEFENSE LESSONS

WINNER

BOSTON'S Best Martial Art ...CITYVOTER



Oom Yung Doe  
Cambridge



oydcambridge

If you've attended one of our events, leave us a review on Facebook or Google Reviews!

OYD N. Cambridge is at 2404 Mass Ave. 3 min from Davis T.  
Free parking. For more info call 617-629-5888 or visit:

[www.oyd-ne.com](http://www.oyd-ne.com)

N. Cambridge  
617-629-5888  
Somerville  
857-997-0352

Medford  
617-997-2251  
Waltham  
617-997-7699

W. Cambridge  
857-389-2720  
Malden  
508-513-5274

## Activity of the Month: Pumpkin Whoopie Pies

### What you Need:

- For whoopie pie cookies
  - 2 cups all-purpose flour
  - 1 teaspoon baking powder
  - 1/2 teaspoon baking soda
  - 1/2 teaspoon salt
  - 1 1/2 teaspoon cinnamon
  - 1/2 teaspoon ginger
  - 1/4 teaspoon cloves
  - 2 large eggs
  - 1 1/4 cups packed brown sugar
  - 2/3 cup canola or vegetable oil
  - 1 teaspoon vanilla
  - 1 cup canned pumpkin
- For filling
  - 3 cups powdered sugar
  - 1/2 cup 1 stick unsalted butter, softened
  - 3 tablespoons half and half
  - 1 teaspoon vanilla extract

Click [here](#) for full instructions on how to make Pumpkin Whoopie Pies!



**Have an idea for a fun and free activity?  
Tell us, and we'll share it in the next calendar.**



Proudly recognized as the national  
**AGENCY OF THE YEAR**  
by Big Brothers Big Sisters of America

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STAY CONNECTED:

